What is Sociology?
Sociology examines stability and change in social life by addressing the underlying patterns of social relations in formal organizations, in legal institutions, and in the family, economy, and political arena.

Coursework focuses on the criminal justice system and criminal behavior; mental health; families and close relationships; education; population (demography); urban and rural communities; politics and policy formation; social movements and social change; diverse racial and ethnic groups; and social psychology. Faculty interests in the comparative study of social relations and institutions in China, France, Japan, Germany, and the African and Scandinavian countries add a strong international emphasis to these areas of study. All sociology courses emphasize the skills of social inquiry necessary for analyzing patterns of social relationships.

What are the major requirements?
Go to www.catalogs.umn.edu/programs.html and select “Undergraduate majors.”

How do I declare a Sociology major?
You will be required to declare a major by the time you have completed 60 credits.
1. Come to an information meeting to learn more about the major and its requirements.
   Information meetings are held several times each month in the Sociology department. Call (612) 624-4300 for dates and times.
2. After the information meeting, schedule an individual appointment with the departmental sociology adviser to complete a Major Program form.
3. Bring a copy of the form to your CLA student community.
4. If you decide to change your major, contact your student community to learn more about your new major’s declaration process.

What can I do with a major in Sociology?

Skills
Sociology majors develop skills that are applicable to a wide variety of careers. These skills include:
• Verbal and written communication skills
• Ability to formulate clear and persuasive messages
• Listening, clarifying, questioning and responding skills
• Ability to work well with diverse groups
• Research and analytical skills

Employment
Common areas of employment for this major include but are not limited to:
• Nonprofit—fundraising, programming, management, advocacy
Today’s workplace requires individuals with interpersonal skills, the ability to communicate effectively, an ability to solve problems, and adaptability. CLA graduates find that they are well-prepared in all these areas and that their education—especially when combined with experience gained through internships, volunteer positions, past jobs, and other collegiate involvement—makes them competitive.

The **Career & Community Learning Center** provides students with the tools to identify and pursue potential careers. An extensive resource room, career courses and workshops, and a helpful staff are just some of the ways we can help.

**Remember!**
You have not declared a major until you have:
- completed a Major Program form with your major adviser,
- filed a copy with the major department,
- and filed a copy with your CLA student community.

**Don't forget: keep a copy for yourself!**