

What about a major in...?

Music Therapy (B.M.)

UNIVERSITY OF MINNESOTA

CLA COLLEGE OF LIBERAL ARTS
UNIVERSITY OF MINNESOTA

What is Music Therapy?

Most undergraduate students in the School of Music are enrolled in one of the three majors offered within the bachelor of music program: performance, music education, or music therapy. Music courses make up 70 to 80 percent of this professional degree, with the remainder distributed among various liberal arts disciplines. This program prepares students for a profession in music therapy, using music to influence behavioral changes in people, from pre-school through geriatrics, in a variety of educational and health-related environments.

What are the major requirements?

Go to www.catalogs.umn.edu/programs.html and select "Undergraduate majors."

How do I declare a Music Therapy major?

Admission to a music program is contingent on passing an audition. Auditions are highly competitive with students normally having studied for a number of years: a minimum of three to four years in voice, guitar, or on an orchestral or band instrument, eight to twelve years on piano. Auditions are held throughout the academic year. Incoming freshmen normally take the audition during the winter of their senior year of high school; transfer students, one semester prior to the term in which they plan to enroll. You will be required to declare a major by the time you have completed 60 credits.

1. Talk with someone from the department: an adviser, a professor, or a teaching assistant, to learn more about the major and its requirements.
2. When you decide upon a Music major, meet with the Director of Undergraduate Studies to complete a Major Program form.
3. Bring a copy of the form to your CLA student community.
4. If you decide to change your major, contact your CLA student community for information on the new major's declaration process.

What can I do with a major in Music Therapy?

Skills

Music majors develop skills that are applicable to a wide variety of careers.

These skills include:

- Verbal communication skills
- Ability to work individually and as part of a team
- Listening, clarifying, questioning and responding skills
- Creative problem solving skills
- Collaboration and compromising skills
- Project management skills

Employment

Common areas of employment for this major include but are not limited to:

For more information:

About the Music Therapy major:

Undergraduate Advising
100 Ferguson Hall
(612) 624-5740
<http://www.music.umn.edu/>

About CLA requirements, graduation, and other information about majors:

CLA Arts Student Community
560 Heller Hall
(612) 624-7504
<http://arts.class.umn.edu>

or

CLA Martin Luther King, Jr.
Program
19 Johnston Hall
(612) 625-2300
<http://www.class.umn.edu/mlk/>
mlk@class.cla.umn.edu

About careers, internships, and community learning opportunities in this major and others:

Career and Community
Learning Center
135 Johnston Hall
(612) 624-7577
www.cclc.umn.edu
cclc@class.cla.umn.edu

About graduation with honors:

CLA Honors Division
20 Nicholson
(612) 624-5522
www.cla.umn.edu/honors/
honors@class.cla.umn.edu

- Arts and Entertainment—music performance
- Education—teaching, research, admissions, advising, student affairs
- Business—marketing, human resources, sales
- Public Relations and Advertising—corporate public relations, lobbying
- Nonprofit—fundraising, programming, management
- Health—music therapy

Today's workplace requires individuals with interpersonal skills, the ability to communicate effectively, an ability to solve problems, and adaptability. CLA graduates find that they are well-prepared in all these areas and that their education—especially when combined with experience gained through internships, volunteer positions, past jobs, and other collegiate involvement—makes them competitive.

The **Career & Community Learning Center** provides students with the tools to identify and pursue potential careers. An extensive resource room, career courses and workshops, and a helpful staff are just some of the ways we can help.

Remember!

You have not declared a major until you have:

- completed a Major Program form with your major adviser,
- filed a copy with the major department,
- and filed a copy with your CLA student community.

Don't forget: keep a copy for yourself!